





Employee Health, Benefits, & Well-Being Congress

Day One—Thursday, October 17, 2019

7:30 AM	Registration and Morning Coffee
8:30 AM	Congress Chairperson Welcome and Opening Remarks
8:40 AM	Innovations in Employer Health Care: What's Ahead?
9:20 AM	Benefits that Matter: Driving a Cutting-Edge Well-Being Strategy to Enhance Employee Engagement
10:00	How Social Determinants of Health (SDoH) Can Power Effective Worksite Wellness Programs
10:40 AM	Networking and Refreshment Break

Concurrent Tracks

	 HEALTHY BEHAVIOR STRATEGY	 WORKSITE CLINICS	 DIRECT CONTRACTING	 SELF-INSURANCE
11:10 AM	Adopt a Holistic Well-Being Approach to Create a Healthy Workplace Culture	Beyond Medical Care: Establish and Manage a Holistic Health and Wellness Center	Navigate the Direct Contracting Process: Cross-Sector Perspectives	Optimize Self-Insurance: Insights from Rosen Hotels & Resorts
11:55 AM	Use Social Well-Being to Engage a Multi-Generational Population	Build, Develop, Evolve, and Innovate Worksite Clinics: The Pitney Bowes Journey	Discuss Strategies to Develop and Operate Centers of Excellence (CoE)	Waste Reduction Mechanisms: Action Plan for Self-Funded Employers to Deliver Quality Care







12:40–2:00 PM	Lunch
	LUNCHEON SESSION • 12:55– 1:30 PM • Fit Happens: Simple Steps for a Healthier, More Productive Life

2:00 PM	Combat Rising Drug Prices: Action Plan for Employers
2:45 PM	Networking and Refreshment Break

	 HEALTHY BEHAVIOR STRATEGY	 WORKSITE CLINICS	 DIRECT CONTRACTING	 SELF-INSURANCE
3:15 PM	Fix the Burnout Problem: Focus on Emotional Health and Resilience	Choose the Right Clinic Vendor to Efficiently Manage Worksite Health Centers	Navigate Care Abroad: A Cost-Effective Solution for Small and Mid-Sized Employers	Analyze Data to Reengineer Your Benefit Design and Meet Employee Needs
4:00 PM	Combine Financial and Non-Financial Incentives to Maximize Engagement and Build Healthy Lifestyles	Integrate Health Coaching within Clinics to Maximize Engagement	Utilize a Reference-Based Pricing Model (RBP) to Promote Transparency	

4:45 PM	Make Mental Health a Priority: Strategies to Engage Employed Populations
5:30–6:30 PM	Networking and Cocktail Reception

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